



Bronchoscopy Discharge Instructions

Prior to procedure:

- Hold Plavix/ Coumadin/ Lovenox/ _____ beginning _____. Have PT/ INR/ PTT drawn on _____.
- Nothing to eat or drink after _____ on _____, except for regularly scheduled blood pressure medications with small sip of water. Special instructions: _____

- Report to Georgetown Pulmonary Associates at _____ on _____, accompanied by a driver who will remain on premises for the duration of the procedure.

After procedure:

- Do not drive or operate heavy machinery for 24 hours following the procedure. Avoid making any critical decisions or signing any legal documents for 24 hours.
- If your throat is sore following the procedure, you may take a throat lozenge or spray.
- You may cough up small amounts of blood-tinged/streaked sputum after the procedure, which should gradually decrease. Please call or go to the nearest emergency room if you cough up more than **2 tablespoons** of pure red blood.
- Please call or go to the nearest emergency room if you have new chest pain or shortness of breath.
- You may have a slight fever the first night; you may take Tylenol if you are uncomfortable. Please call if you have fever >101 and/or chills after the first night.
- You will be given water after the procedure to be sure that you are swallowing well. Please wait **one hour** after the procedure to eat solid food, and chew thoroughly and swallow very carefully with your first meal.

For questions or concerns following the procedure, please call (512) 819-0132. We are open Monday through Wednesday 8am-5pm and Thursday and Friday 8am-4pm. After hours or weekends, please call (512) 467-5311. The answering service will contact the physician on-call.

Physician's Signature

Patient's Signature

Nurse's Signature

Date