

Georgetown Pulmonary Associates, PA

Instructions for Pulmonary Testing

****Please follow the appropriate instructions****

Six Minute Walk

1. **Bring your portable oxygen device/tanks from home.**
2. **If a walk aid is needed, you must bring your own device.**
3. Wear comfortable clothes and shoes.
4. Avoid heavy exercise for 2 hours prior to the test.
5. No smoking for 6 hours prior to the test.
6. A light meal 3 hours prior to the test is permissible.
7. No caffeine 4 hours prior to the test.

****Testing appointments are with the patient ONLY****

Please Avoid
Wearing Perfumes/Colognes

****If you have questions or need to reschedule, please call [\(512\) 819-0132](tel:5128190132)****
Failure to give 24 hours' notice of rescheduling/cancellation will incur a minimum \$50 fee